




HOW TO WASH YOUR HANDS EFFECTIVELY

Washing your hands is easy, and it's one of the most effective ways to prevent the spread of germs.

1

WET

hands with clean, running water (warm or cold).



Faucet: 1782743

2

LATHER

hands by rubbing them together with soap. Lather the backs of hands, between fingers, and under nails.

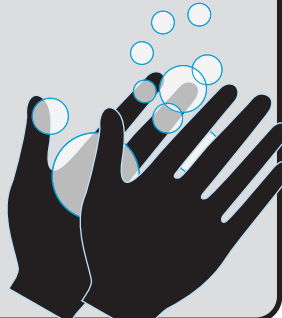


Dispenser: 1980826
Refill: FG750112

3

SCRUB

hands for at least 20 seconds.



4

RINSE

hands well under clean, running water.



Faucet: 1782743

5

DRY

hands using a clean towel or air dry them.



AND

SANITIZE

using alcohol-based hand sanitizer when soap and water are not available.



Dispenser: 1980826
Sanitizer: 2080802



HOW TO SANITIZE YOUR HANDS EFFECTIVELY

Washing hands with soap and water is the best way to get rid of germs in most situations. If soap and water are not readily available, you can use an alcohol-based hand sanitizer that contains at least 60% alcohol.

1

APPLY

hand sanitizer to the palm of one hand.



Dispenser: 1980826
Refill: 2080802

2

RUB

hand sanitizer over all the surfaces of hands and fingers until hands are dry.



3

DRY

this should take around 20 seconds.



AND

WASH

hands if hands are visibly dirty or greasy.



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