

Medical Centre and Hospital Cleaning Checklist:

How to Ensure a Hygienic Hospital

Proper cleaning methods can reduce the spread of healthcare-acquired infections (HAIs) and improve patient outcomes. Healthcare facilities should implement a standardised cleaning program to ensure consistent results.

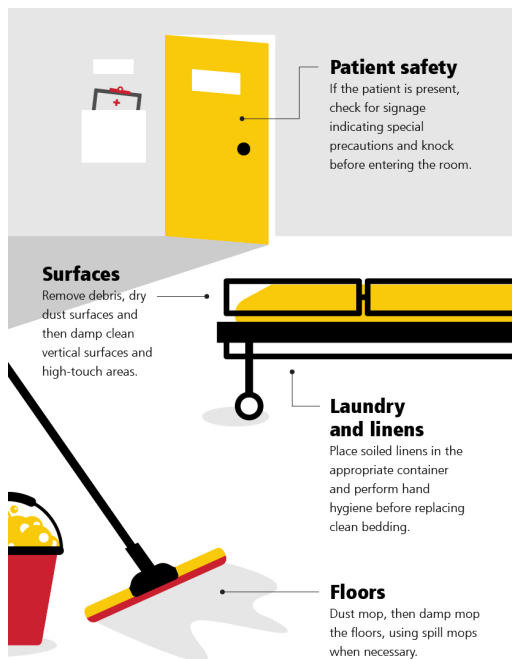


Personal protective equipment (PPE)

Put on appropriate PPE and perform hand hygiene before entering the room.

Cleaning cart setup

Stock the cart with everything needed to perform the task.



Patient safety

If the patient is present, check for signage indicating special precautions and knock before entering the room.

Surfaces

Remove debris, dry dust surfaces and then damp clean vertical surfaces and high-touch areas.

Laundry and linens

Place soiled linens in the appropriate container and perform hand hygiene before replacing clean bedding.

Floors

Dust mop, then damp mop the floors, using spill mops when necessary.

Quality check

Inspect the room and fill out the quality checklist if necessary.

Hand hygiene

Remove gloves and perform hand hygiene again.

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