



# PREVENT THE SPREAD OF GERMS

Practising proper hand hygiene is one of the most important steps to preventing the spread of germs.

1

## WET

hands with clean, running water (warm or cold).



2

## LATHER

hands by rubbing them together with soap. Lather the backs of hands, between fingers, and under nails.

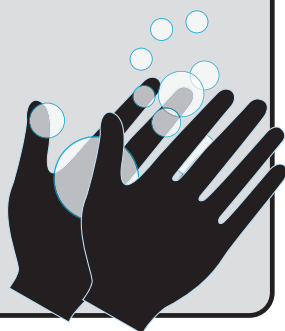
Dispenser: FG750411  
Refill: FG750112



3

## SCRUB

hands for at least 20 seconds.



4

## RINSE

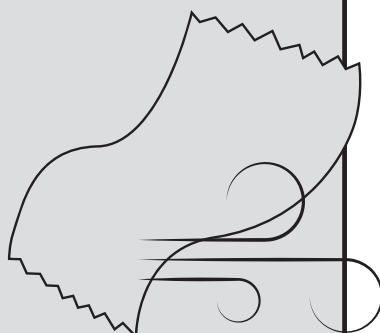
hands well under clean, running water.



5

## DRY

with clean towel or air dry them.



OR

## SANITISE

using alcohol-based hand sanitiser when soap and water are not available.

Dispenser: FG750411  
Sanitiser: 2080802

