



PRACTICE PROPER

HAND-WASHING TECHNIQUE

Areas such as the fingertips, thumbs, and in between the fingers are frequently missed during hand-washing, either with soap and water or with an alcohol-based hand sanitizer.

AREAS COMMONLY MISSED DURING HAND-WASHING

-  Most Often Missed
-  Often Missed
-  Less Often Missed
-  Usually Washed



One of the most important steps for reducing your risk of getting sick and preventing the spread of germs is to properly and thoroughly wash your hands.